



Faithfulness in the Pressures our Children Face

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Introduction and Welcome

Hearing: where pressures come from, biblically – and where help comes from!

Becoming: focused on becoming mature, not on simply heat-management

Serving: the wisdom of walking faithfully, humbly, and in the whole of life

In your family, where do you think the greatest 'heat' comes from, for your children?

Peers?

Time?

The future?

Tech?

Additional Needs?

Covid?

Us?

Heat from Us, as Parents

What is our parenting preference?

How do we respond when we feel de-parented?

How much time in our family is spent occupying versus engaging or children?

1. Think of ways you can build better bridges with your children.
2. How are you doing this already, where do you need to grow (reflection)

Heat from Elsewhere

The world, the flesh, and the devil – but ‘your kingdom come, on earth as in heaven’

The whole of life – on purpose: takes time, questions, and listening

‘Eulogy virtues’, rather than prioritising ‘CV virtues’

An example: tech (social media, gaming, etc.)

- not just heat (and navigating distance)
- also – and foremost – the heart (and nurturing desire)

- talk and listen
- walk the walk – together

- prioritise practices – embodied interactions
- place it in public

Suffering: How to Help

Help them to walk faithfully in their suffering

Help them to express and handle their emotions

Choosing to live for something bigger

Change the goals – letting go of perfection

Discuss:

What practical steps can we take to show comfort to our children or help them in their suffering?